



NEW

Multigrain Superfood Dough Ball

Infused with Hemp, reducing carbs and increasing protein with non-GMO whole grains, vegetable proteins, and fiber.

We source quality ingredients and minimally processed and craft our blends with hemp hearts and hemp protein, whole grains rich in fiber, vitamins and minerals. Irresistible dough that is as nutritious as they are delicious.

- **Superfood:** Omega 3, Omega 6, & Omega 9 oils
- **40% more protein** with a blend of **whole wheat** & hemp
- **2x more fiber** and **20% less carbs** than regular dough
- Delivers satiety and great taste
- Balance of nutrition and functionality
- Authentic pizza taste
- Contributes to sustainability

Hemp seeds do not naturally contain cannabidiol (CBD) or THC, which are cannabinoid compounds that are found in other parts of the cannabis plant. Hulled hemp seed, hemp seed protein powder, and hemp seed oil can be legally used in the U.S. food supply. Any food products made with these hemp seed ingredients are subject to the same FDA requirements as any other food.



Scan and we'll send you details

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MF1014-0223



Multigrain Superfood Dough Ball

What is hemp flour?

Hemp flour is made out of raw hemp seeds which are stripped of oil - what remains is used to make the hemp flour, AKA hemp powder, hemp bran or hemp fibre flour.

Is hemp flour good for you?

YES - it's full of healthy fats, magnesium, and protein and is also high in vitamin E, phosphorus, potassium, sodium, sulfur, calcium, iron and zinc. Plus, it's low in carbohydrates and free from cholesterol, saturated fat and is low in sodium.

Which is better: chia or hemp seeds?

Hemp seeds win this round when it comes to protein: Two tablespoons contain almost 7 grams, as much as two egg whites. The protein in hemp seeds also contains all essential amino acids, something that's abnormal for plant foods.

The global hemp-based food market exhibited strong growth during 2015-2020. Looking forward, the **market is expected to grow** at a CAGR of around 15% during 2021-2026.

Hemp-based food, such as hemp seeds, milk and hemp oil, cheese substitutes and protein powder, is obtained by harvesting the hemp plant and hulling whole hemp seeds to separate oil-rich kernels. Both the shells and hulled hemp seeds are **rich sources of fiber, vitamins and minerals, including magnesium, phosphorus, potassium, vitamin A, B, C and E, zinc and iron.** They are also **free from gluten, allergens, lactose, phytoestrogens and pesticides.** They are commonly used to manufacture granola bars, corn chips, pretzels, bread and cereals.

Rising health consciousness and consumer awareness regarding the nutritional benefits of hemp-based food products is driving the market growth. **Hemp-based food products aid in balancing insulin levels, improving cardiac function, reducing stress and anxiety and promoting joint health, thereby favoring the market growth.** - businesswire.com

Compare Nutrition Facts of our regular dough balls (Item#400) to our Multigrain dough balls (Item#4816)

Regular Dough Balls

Nutrition Facts	
8 servings per container	
Serving size	2oz (57g)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 2mg	10%
Potassium 52mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Multigrain Dough Balls

Nutrition Facts	
8 servings per container	
Serving size	2oz (57g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 24g	9%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 2mg	10%
Potassium 109mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Code	Product Description	Case pk	Unit wt	Case wt	Pallet Config	Box Size	Case Cube
HEMP DOUGH							
4816	16oz Hemp Dough Ball Ask about Sizes	TBD	16 oz	TBD	5 x 10	22.5 x 15 x 5.5	1.07
5811	11" Hemp Dough Shell Ask about Sizes	TBD	9.5oz	TBD	12 x 4	11 x 11 x 11.5	0.8

